

Speaking Topics

Keynotes

Rachel's keynotes are customized to articulate the mission and goals of conferences, organizations, and events. She sets the tone and inspires her audiences with a strong sense of shared vision and passion.

Workshops

Rachel's keynote topics are readily adaptable to a workshop format. When extended, each subject is enhanced by providing interaction, connection, introspection, and application. Those participating can expect substantive content, hands-on learning, and numerous opportunities to break down barriers through humor. Workshops can be customized from 2 hours to 2 days. Rachel enjoys presenting individually or coordinating with your team to complement the topics of other speakers. She customizes her material to meet the goals and objectives of your event.

Seminars

Rachel's topics are also effective in a seminar format. Seminars are ideal for larger groups where extensive workshop exercises may be impractical. This format entails more individual thinking, writing, and processing. Seminars range from 90 minutes to 2 days. Clients primarily benefit from didactic learning while still having some opportunity for interaction. As with her workshops, she enjoys presenting individually or collaborating with other speakers tailoring her topic to the unique needs of the organization.

Retreats

Rachel's 1 and 2 day retreats provide leaders with the opportunity to deepen as they fearlessly explore issues that challenge them personally and professionally. Rachel works carefully with retreat planners to create powerful opportunities for growth. She draws upon educational, professional, and personal experiences which have honed her exceptional emotional intelligence. She facilitates positive transformation guiding clients into greater levels of transparency and strength. Leaders leave this powerful event more resolute and resilient.